



# Childcare Provider: COVID-19 Foundations Digital Badge

Module 2 - Symptoms and Screening

# Identifying Symptoms

▶ According to the US CDC Symptoms of COVID-19 include:

- Cough
- Shortness of breath or difficulty breathing
- Fever (temp. above 100.4 degrees)
- Chills
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- New Loss of taste or smell
- Congestion
- Runny nose (in conjunction with other symptoms)
- Nausea, vomiting or diarrhea

# Symptoms Continued

- ▶ While it is not necessary to have all symptoms, children / staff / parents who have a temperature of 100.4 degrees or above should not be admitted to the childcare facility.
- ▶ While symptoms may not appear for 2 - 10 days after exposure, you are contagious during this period of time.
- ▶ Anyone who has been exposed to someone that has tested positive for COVID-19 should quarantine for the 2 - 10 days, monitor symptoms for an additional 4 days and contact your healthcare provider.
- ▶ Guidelines for incubation and quarantine periods for the virus may change, therefore it is important to be current with the guidelines.

# Screening

- ▶ There are several methods of screening
  - ▶ At home
  - ▶ At the facility prior to entering the facility
  - ▶ At the facility if symptoms appear
- ▶ One screening process is taking one's temperature to be sure it is below the 100.4 degree threshold
- ▶ Some Screening questions may be:
  - ▶ Are you experiencing one or more of the following symptoms.
    - Fever (100.4 degrees or higher)
    - Shortness of breath or difficulty breathing
    - New cough
    - New loss of taste or sense of smell
  - Anyone experiencing one or more of these symptoms should not come into the facility.



# Screening Continued

▶ Additional screening questions may include:

▶ Are you experiencing two or more of the following symptoms?

- Chills
- New headache
- New unexplained fatigue
- New onset of muscle or body aches
- Sore throat
- Congestion or runny nose excluding known allergies
- Nausea or vomiting
- Diarrhea
- Have you been exposed to anyone diagnosed with COVID-19 or exhibiting any symptoms of COVID-19

# Symptom / Screening review questions 1

- ▶ The following may be symptoms of COVID-19
  - A. Fever, Cough, Vomiting, Chills, New loss of taste or smell
  - B. Fever, sore throat, Diarrhea, headache
  - C. Body aches, fatigue, cough, Runny nose
  - D. All of the above

# Symptoms / Screening review question 2

- ▶ If you have been exposed to someone that has tested positive for COVID-19 you should:
  - A. Stay home for a period of 10 days
  - B. Wait until more symptoms appear
  - C. Notify the facility
  - D. Both A and C

# Symptom / Screening review questions

## 3 & 4

- If you have symptoms of COVID-19 you should:
  - A. Notify the facility
  - B. Contact your healthcare provider
  - C. Quarantine for 2-10 days
  - D. A & B
  
- Is it possible that the incubation or quarantine period established by the CDC could change?
  - A. Yes
  - B. No



# Symptom Screening Review Answers

## ▶ Review Question 1

- ▶ The following may be symptoms of COVID-19
  - ❖ D. All of the above

Fever, Cough, Vomiting, Chills, New loss of taste or smell, sore throat, Diarrhea, headache, body aches, fatigue, Runny nose

Fever of above 100.4 degrees.

While it is not necessary to have all of these symptoms, any combination of one or more may be enough to warrant concern.

## Review Question 2

- ▶ If you have been exposed to someone that has tested positive for COVID-19 you should
  - ❖ Both A and C
    - A. Stay at home for a period of 10 days
    - C. Notify the facility

# Symptom Screening Review Answers

- ▶ Review Question 3
- ▶ If you are experiencing COVID-19 symptoms:
  - ❖ The correct answer is D. - A & B
    - A. Notify the facility
    - B. Contact your healthcare provider
- ▶ **Review question 4**
- ▶ Is it possible that the incubation or quarantine period established by the CDC could change?
  - ❖ The correct answer is Yes

You did it!  
*Congratulations*



You made it to the end of Module 2

*Your next step is to learn about  
Protection and Prevention*