

College Success: Yours for the Taking



Scan the lists below. What are your top issues? Check all that apply in each box. Are any of your issues missing? Add them under that category. What are the three biggest obstacles for you? List those in order at bottom left. Use the last box, bottom right, to brainstorm ideas for dealing with your top issue.

Academics

- Lack of career direction
- Transition: high school to college standards
- Teaching style of professor(s)
- Expecting reminders/follow up from professors
- Needing remedial course(s)
- Finding/using college academic help
- Associating college academic help with failure
- Test anxiety
- Taking responsibility for grades
- Study skills
- Study habits
- Working too many hours
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Self-Discipline

- Time management: meeting deadlines
- Work-study balance
- Procrastination
- Motivation: taking initiative, owning the task
- Setting goals
- Long-term planning
- Resisting peer pressure
- Distractions: social media, video games, partying
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Your 3 top issues from above:

- 1.
- 2.
- 3.

Finances/Logistics

- Paying for college
- Understanding how financial aid works
- Cost of gas
- Other non-college expenses
- Supporting self through college
- Helping support family
- Unreliable transportation to college
- Long commute
- Computer/technology issues
- Lack of stable housing
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Relationship/Family/Personal Issues

- Difficulties with friends or family member(s)
- Difficulties with dormmates/roommate(s)
- Living away from home
- Boyfriend/girlfriend issues
- Feeling disconnected from college life
- Feeling no one else has/had these problems
- Seeing no way out/feeling trapped
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For your number 1 issue, what can you do now to improve your performance?

- 1.
- 2.
- 3.

EARLY COLLEGE FOR **ME**

Talk to us. We're here to help.

December 4, 2014