COUNSELING AND MENTAL HEALTH SERVICES

Central Maine Community College
https://www.cmcc.edu/student-life/resources/health-and-counseling/
Student Services (207) 755-5293

Eastern Maine Community College
https://www.emcc.edu/student-life/resources/counseling/
(207) 974-4858
sking@emcc.edu

Kennebec Valley Community College
https://www.kvcc.me.edu/student-services/resources/counseling-support
(207) 453-5150
mclement@kvcc.me.edu

Northern Maine Community College
https://www.smccme.edu/student-life/counseling/
Students may also contact:
Aroostook Mental Health Center
(207) 764-3319
Emergency Help Line 207-762-4581 or 1-800-432-7805

Southern Maine Community College
https://www.smccme.edu/student-life/counseling/
1-800-434-3000

Washington County Community College
WCCC refers students to:
Aroostook Mental Health Center
https://www.amhc.org/
(207) 498-6431

York County Community College
YCCC recommends that students contact:
York County Community Action
Nasson Health Care
https://yccac.org/health-care/
(207) 490-6900

SEXUAL ASSAULT SUPPORT SERVICES

Maine Coalition Against Sexual Assault (MeCASA)
24 hour statewide sexual assault crisis and support line
1-800-871-7741 (voice) 711 (Maine Relay)
The regional sexual assault crisis and support centers that comprise the Maine Coalition Against Sexual Assault are:

**Sexual Assault Response Services of Southern Maine**
York and Cumberland Counties
24 hour support line: 1-800-313-9900
www.sarsonline.org

**Sexual Assault Support Services of Midcoast Maine**
Eastern Cumberland, Lincoln, Sagadahoc, Knox and Waldo Counties
24 hour support line: 1-800-822-5999
Anywhere in Maine: 1-800-871-7742
TTY: 1-888-458-5599
www.sassmm.org

**Sexual Assault Prevention & Response Team**
Androscoggin, Franklin and Oxford Counties, and the Towns of Bridgton and Harrison
24 hour helpline: 1-888-458-5599
TTY: 1-888-458-5599
www.sapars.org

**Sexual Assault Crisis & Support Center**
Kennebec and Somerset Counties
24 hour support line: 1-800-871-7741
www.silentnomore.org

**Rape Response Services**
Penobscot and Piscataquis Counties
24 hour hotline: 1-800-310-0000
TDD: 1-888-458-5599
www.rrsonline.org

**AMHC Sexual Assault Services**
Aroostook, Hancock & Washington Counties
(207)-498-6431
www.amhc.org

**United Somali Women of Maine**
Androscoggin and Cumberland Counties
(207) 753-0061
www.uswofmaine.org
Other Maine-based Sexual and Relationship Violence Services

Maine Coalition to End Domestic Violence
https://www.mcedv.org/get-help/
Statewide Domestic Abuse Helpline
1-800-437-1220

Wabanaki Women’s Coalition
https://www.wabanakiwomenscoalition.org/connections/
(207) 763-3478

National Resources

National Sexual Assault Hotline: 1-800-656-HOPE

National Sexual Assault Online Hotline: https://ohl.rainn.org/online/

For a list of resources with particular focus on the needs of LGBTQ persons, see: http://barcc.org/information/resources-online/glbt

POLICE DEPARTMENTS

Central Maine Community College
Auburn Police Department
60 Court Street
Auburn, Maine 04210
(207) 333-6650

Eastern Maine Community College
Bangor Police Department
240 Main Street
Bangor, Maine 04401
(207) 947-7382

Kennebec Valley Community College
Fairfield Police Department
One Police Plaza
Fairfield, Maine 04937
(207) 453-9321

Northern Maine Community College
Presque Isle Police Department
(207) 764-4476
43 North Street, Suite 2
Presque Isle, Maine 04769

Southern Maine Community College
South Portland, Maine
30 Anthoine Street
South Portland, Maine 04106
(207) 799-5511

Washington County Community College
Calais Police Department
North Street
Calais, Maine 04619
(207) 454-2751

York County Community College
Wells Police Department
1563 Post Road
Wells, Maine 04090
(207) 646-9354
MEDICAL HOSPITALS

Blue Hill Memorial Hospital
57 Water Street, Blue Hill, Maine 04614
(207) 374-3400
http://www.bhmh.org

Bridgton Hospital
10 Hospital Drive, Bridgton, Maine 04009
(207) 647-6000
http://www.bridghospital.org/

C.A. Dean Memorial Hospital
364 Pritham Avenue, Greenville, Maine 04441
(207) 695-5200
http://www.cadean.org/

Calais Regional Hospital
24 Hospital Lane, Calais, Maine 04619
(207) 454-7521
http://www.calaishospital.com/

Cary Medical Center
163 Van Buren Road, Suite #1, Caribou, Maine 04736
(207) 498-3111
http://www.carymedicalcenter.org/

Central Maine Medical Center
300 Main Street, Lewiston, Maine 04240
(207) 795-0111
http://www.cmmc.org

Down East Community Hospital
11 Hospital Drive, Machias, Maine 04654
(207) 255-3356
http://www.dech.org/

Eastern Maine Medical Center
489 State St., Bangor, Maine 04402
(207) 973-7000
http://www.emmc.org

Franklin Memorial Hospital
111 Franklin Health Commons, Farmington, Maine 04938
(207) 778-6031
http://www.fchn.org/

Houlton Regional Hospital
20 Hartford Street, Houlton, Maine 04730
(207) 532-2900
http://www2.houltonregional.org/

Inland Hospital
200 Kennedy Memorial Drive, Waterville, Maine 04901
(207) 861-3000
http://www.inlandhospital.org/

LincolnHealth
35 Miles St., Damariscotta, Maine 04543
(207) 563-1234
http://www.lchcare.org

Maine Coast Memorial Hospital
50 Union Street, Ellsworth, Maine 04605
(207) 667-5311
http://www.mainehospital.org

MaineGeneral Medical Center
35 Medical Center Parkway, Augusta, Maine 04330
(207) 626-1000
http://www.mainegeneral.org/

Maine Medical Center
22 Bramhall Street, Portland, Maine 04102
(207) 662-0111
http://www.mmc.org/

Mayo Regional Hospital
897 West Main Street, Dover-Foxcroft, Maine 04426
(207) 564-8401
http://www.mayohospital.com/

Mercy Hospital
144 State Street, Portland, Maine 04101
(207) 879-3000
http://www.mercyhospitalstories.org/
<table>
<thead>
<tr>
<th>Hospital Name</th>
<th>Address</th>
<th>Phone Number</th>
<th>Website Link</th>
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<tbody>
<tr>
<td><strong>Mid Coast Hospital</strong></td>
<td>123 Medical Center Drive, Brunswick, Maine 04011</td>
<td>(207) 729-0181</td>
<td><a href="http://www.midcoasthealth.com/">http://www.midcoasthealth.com/</a></td>
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<tr>
<td><strong>Sebasticook Valley Health</strong></td>
<td>447 North Main Street, Pittsfield, Maine 04967</td>
<td>(207) 487-4000</td>
<td><a href="http://www.sebasticookvalleyhealth.org/">http://www.sebasticookvalleyhealth.org/</a></td>
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<tr>
<td><strong>Millinocket Regional Hospital</strong></td>
<td>200 Somerset Street, Millinocket, Maine 04462</td>
<td>(207) 723-5161</td>
<td><a href="http://www.mrhme.org">http://www.mrhme.org</a></td>
</tr>
<tr>
<td><strong>Southern Maine Health Care-Sanford Medical Center</strong></td>
<td>25 June Street, Sanford, Maine 04073</td>
<td>(207) 283-7000</td>
<td><a href="http://www.smmc.org/">http://www.smmc.org/</a></td>
</tr>
<tr>
<td><strong>Mt. Desert Island Hospital</strong></td>
<td>10 Wayman Lane, Bar Harbor, Maine 04609</td>
<td>(207) 288-5081</td>
<td><a href="http://mdihospital.org/site/">http://mdihospital.org/site/</a></td>
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<tr>
<td><strong>St. Joseph Hospital</strong></td>
<td>PO Box 403, Bangor, Maine 04401</td>
<td>(207) 262-1000</td>
<td><a href="http://www.stjoeshealing.org">http://www.stjoeshealing.org</a></td>
</tr>
<tr>
<td><strong>Northern Maine Medical Center</strong></td>
<td>194 East Main Street, Fort Kent, Maine 04743</td>
<td>(207) 834-3155</td>
<td><a href="http://www.nmmc.org/">http://www.nmmc.org/</a></td>
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<tr>
<td><strong>St. Mary’s Regional Medical Center</strong></td>
<td>P.O. Box 291, Lewiston, Maine 04243</td>
<td>(207) 777-8100</td>
<td><a href="http://www.stmarysmaine.com/">http://www.stmarysmaine.com/</a></td>
</tr>
<tr>
<td><strong>Parkview Adventist Medical Center</strong></td>
<td>329 Maine Street, Brunswick, Maine 04011</td>
<td>(207) 373-2000</td>
<td><a href="http://www.parkviewamc.org">http://www.parkviewamc.org</a></td>
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<tr>
<td><strong>Stephens Memorial Hospital</strong></td>
<td>181 Main Street, Norway, Maine 04268</td>
<td>(207) 743-5933</td>
<td><a href="http://www.wmhcc.org">http://www.wmhcc.org</a></td>
</tr>
<tr>
<td><strong>Pen Bay Medical Center</strong></td>
<td>6 Glen Cove Drive, Rockport, Maine 04856</td>
<td>(207) 596-8000</td>
<td><a href="http://www.penbayhealthcare.org/penbaymedicalcenter/">http://www.penbayhealthcare.org/penbaymedicalcenter/</a></td>
</tr>
<tr>
<td><strong>The Aroostook Medical Center</strong></td>
<td>140 Academy Street, Presque Isle, Maine 04769</td>
<td>(207) 768-4000</td>
<td><a href="http://www.tamc.org/">http://www.tamc.org/</a></td>
</tr>
<tr>
<td><strong>Penobscot Valley Hospital</strong></td>
<td>Box 368, Lincoln, Maine 04457</td>
<td>(207) 794-3321</td>
<td><a href="http://www.pvhome.org/">http://www.pvhome.org/</a></td>
</tr>
<tr>
<td><strong>Waldo County General Hospital</strong></td>
<td>PO Box 287, Belfast, Maine 04915</td>
<td>(207) 338-2500</td>
<td><a href="http://www.wcgh.org/index.html">http://www.wcgh.org/index.html</a></td>
</tr>
<tr>
<td><strong>Redington-Fairview General Hospital</strong></td>
<td>46 Fairview Avenue, Skowhegan, Maine 04976</td>
<td>(207) 474-5121</td>
<td><a href="http://www.rfgh.net/">http://www.rfgh.net/</a></td>
</tr>
<tr>
<td><strong>York Hospital</strong></td>
<td>15 Hospital Drive, York, Maine 03909</td>
<td>(207) 363-4321</td>
<td><a href="http://www.yorkhospital.com/">http://www.yorkhospital.com/</a></td>
</tr>
</tbody>
</table>
LEGAL SERVICES

Pine Tree Legal Services

Free legal services for low-income Maine residents for non-criminal matters

Augusta Office
Somerset, Lincoln and Knox Counties
39 Green Street
P.O. Box 2429
Augusta, Maine 04338-2429
(207) 622-4731 or (207) 623-7777

Bangor Office
Penobscot, Piscataquis and Waldo
115 Main Street, 2nd floor
Bangor, Maine 04401
(207) 942-8241

Lewiston Office
Androscoggin, Oxford and Franklin
37 Park Street, Suite 401
Lewiston, Maine 04243-0398
(207) 784-1558

Machias Office
Washington and Hancock
13 Cooper Street
P.O. Box 278
Machias, Maine 04654
(207) 255-8656

Portland Office
Cumberland, York, Sagadahoc,
Androscoggin, Oxford, Franklin, Lincoln and Knox
88 Federal Street
P.O. Box 547
Portland, Maine 04112
(207) 774-8211

Presque Isle Office
Aroostook County
373 Main Street
Presque Isle, Maine 04769
(207) 764-4349

All Offices
TTY: 711
http://www.ptla.org
**Cumberland Legal Aid Clinic**
A legal aid clinic operated by the University of Maine School of Law. Services provided to low-income individuals with legal cases in Southern Maine courts (Cumberland, parts of York, Sagadahoc and Androscoggin counties) for most types of civil, criminal, juvenile and family matters.

Greater Portland area – (207) 780-4370  
Toll free: (877)-780-2522  
http://mainelaw.maine.edu/programs-centers/clac.html

**Maine Lawyer Referral Service**
A referral service operated by the Maine State Bar Association.

1-800-860-1460  
http://www.lrs@mainebar.org

**Maine Volunteer Lawyers Project**
Free legal information and pro bono legal representation for qualifying low-income individuals state-wide.

Portland: (207) 774-4348  
Toll free: (800)-442-4293  
http://www.vlp.org